



## ***Bearden High Volleyball Program***

The **Bearden Bulldog Volleyball Program** is a team of dedicated student athletes who take PRIDE in their school and are willing to make a maximum effort in BOTH the classroom and on the volleyball court. Wearing a Lady Bulldog uniform is a privilege, one that carries many responsibilities and rewards.

Tryouts for the 2025-2026 volleyball season will take place on **Thursday, May 22nd from 3:30-5:30 and Friday, May 23rd from 9:00-11:00 am** in the gymnasium. Tryouts are an opportunity to learn more about the philosophy and expectations of the **Lady Bulldog Volleyball Program** and to make your best impression on the coaching staff. It is in your best interest to attend both days to show the coaches your full potential. Please arrive at tryouts about 15 minutes early to help the registration process run smoothly and tryouts start on time! Please wear the following for tryouts: Upcoming Seniors BLACK, upcoming juniors MAROON, upcoming sophomores GRAY, upcoming freshman WHITE.

What to know about our program, we do activities all summer long besides dead period. There will be a team fee to play. 2 team camps in July that will both cost (separate from team fee) Berry College \$400 and Sewanee Camp \$125. We will fundraise all summer to help offset some of the cost.

### **Here's what we need:**

Athletic paperwork: All of the forms/paperwork stated below must be completed before participation is allowed. These can be found on [Beardenathletics.org](http://Beardenathletics.org) under the Athletic Participation Forms

1. Sudden Cardiac Arrest Form
2. Concussion Form
3. Safe Stars Form
4. Pre- participation Physical Evaluation (Dated AFTER April 15th, 2025)
  - a. Found on [Beardenathletics.org](http://Beardenathletics.org)
5. Copy of Grades

ALL forms **must** be brought to tryouts filled out before participation!

Keep an eye out on [Beardenathletics.org](http://Beardenathletics.org) for other info!

If you have any questions please contact Coach Davidson at

[kaitlyn.davidson@knoxschools.org](mailto:kaitlyn.davidson@knoxschools.org)

